Considerations for K-12 Schools: Readiness and Planning Tool

CDC Readiness and Planning Tool to Prevent the Spread of COVID-19 in K-12 Schools

CDC offers the following readiness and planning tool to share ways school administrators can help protect students, staff, and communities, and slow the spread of COVID-19. This tool aligns with the <u>Considerations for Schools</u>, and includes the following:

- · General Readiness Assessment
- Daily/Weekly Readiness Assessment
- Preparing for if Someone Gets Sick
- · Special Considerations and Resources

School administrators may review and complete the general readiness assessment while working with state, local, tribal, territorial, or federal officials when making initial preparations to promote healthy behaviors, environments, and operations that reduce the spread of COVID-19. The daily/weekly readiness assessment can be used to monitor recommended practices. Planning tools are also included to help school administrators prepare to respond if someone gets sick and to identify special considerations specific to their school community. Implementation should be guided by what is feasible, practical, acceptable, and tailored to the needs and context of each community.

Guiding Principles to Keep in Mind

- Lowest Risk: Students and teachers engage in virtual-only classes, activities, and events.
- More Risk: Small, in-person classes, activities, and events. Groups of students stay together and with the same teacher throughout/across school days and groups do not mix. Students remain at least 6 feet apart and do not share objects.
- **Highest Risk:** Full sized, in-person classes, activities, and events. Students are not spaced apart, share classroom materials or supplies, and mix between classes and activities.



Considerations for Schools: General Readiness Assessment

Use the following tool when making initial preparations to promote healthy behaviors, environments, and operations that reduce the spread of COVID-19.

Policies and Procedures **Facilities and Supplies Education and Training** Point Person(s): _____ Point Person(s): Point Person(s): Review relevant local/state regulatory agency Obtain supplies including: Educate staff, students, and their families policies and orders, such as those related to events, about when they should stay home if they have soap COVID-19 symptoms, have been diagnosed gatherings, and travel. with COVID-19, are waiting for test results, or hand sanitizer (at least 60% alcohol) Consult local health officials about the school's have been exposed to someone with symptoms approach to planning for COVID-19. or a confirmed or suspected case, and when they paper towels can return to school. Designate a staff person responsible for responding to tissues COVID-19 concerns. Make sure other staff, parents, Educate staff on flexible work and leave and students know how to contact this person. cleaning and disinfection supplies policies that encourage sick staff members to stay at home without fear of job loss or other Develop policies that encourage sick staff members cloth face coverings (as feasible) consequences. to stay at home without fear of job loss or other no-touch/foot pedal trash cans consequences and protect their privacy, particularly Teach the importance of handwashing with for those with underlying medical conditions and at soap and water for at least 20 seconds. no-touch soap/hand sanitizer dispensers higher risk for severe illness. Teach the importance of social distancing and disposable food service items Offer options (e.g., telework or virtual learning staying with small groups, if applicable. opportunities) for staff and students at higher risk for severe illness. Identify who should wear cloth face coverings, Develop a schedule for increased routine cleaning and communicate the importance of wearing Offer flexible sick leave policies and practices. and disinfection in collaboration with maintenance them. Cloth face coverings should **not** be staff, including areas such as the following: placed on: Offer options for flexible worksites (e.g., telework) and flexible work hours buses or other transport vehicles Children younger than 2 years old (e.g., staggered shifts). frequently touched surfaces (e.g., desks, Anyone who has trouble breathing, or is Develop a plan to monitor absenteeism of students door handles, railings) unconscious, incapacitated, or otherwise and staff, cross-train staff, and create a roster of unable to remove the cover without help communal spaces (e.g., restrooms) trained back-up staff. Provide information on proper use, removal, shared objects (e.g., gym equipment, Monitor absenteeism of students and staff, crossand washing of cloth face coverings. art supplies, games) train staff, and create a roster of trained back-up staff. Train staff on all safety protocols. Develop a plan to conduct daily health checks (e.g., temperature screening and/or symptom checking) of Conduct training virtually or maintain Assess the ability of staff, students, and families to staff and students, as possible, and in accordance with social distancing during training. obtain cloth face coverings for everyday use. any applicable privacy laws and regulations. Other: _____

Considerations for Schools: **General Readiness Assessment** (continued from previous page)

Policies and Procedures

Develop a plan for organizing students and staff into small groups (cohorting) that remain together while social distancing, with limited mixing between groups (all school day for young students, and as much as possible for older students).

Develop appropriate COVID-19 accommodations, modifications, and assistance for students with special healthcare needs or disabilities.

Incorporate considerations for students in special education who have a 504 plan or individualized education plan to ensure education remains accessible.

Incorporate considerations for children and youth who need assistance with activities of daily living, as well as their service providers.

Develop a plan for serving students individually plated, boxed, or wrapped meals in classrooms instead of in a cafeteria, or for implementing staggered mealtimes to reduce the number of students or small groups within a cafeteria.

Develop protocols to limit contact among small groups and with other students' guardians (e.g., staggered arrival and drop-off times or locations).

Develop a plan for if someone gets sick or shows symptoms of COVID-19.

Other:

Facilities and Supplies

Close communal spaces or develop a plan for staggered use and <u>cleaning and disinfecting</u>.

Develop a protocol to ensure <u>safe and correct use</u> and storage of <u>cleaners and disinfectants</u>, including storing products securely away from students.

Ensure ventilation systems operate properly. If using fans, make sure they do not blow from one person onto another.

Ensure all <u>water systems</u> and features are safe to use after a prolonged facility shutdown.

Follow <u>CDC's considerations for Pools</u>, <u>Hot Tubs</u>, and <u>Water Playgrounds During COVID-19</u> if applicable.

Install physical barriers, such as sneeze guards and partitions, in areas where it is difficult for individuals to remain at least 6 feet apart (e.g., reception desks).

Provide physical guides, such as tape on floors and signs on walls, to promote social distancing.

Space seating at least 6 feet apart and turn desks to face in the same direction.

Develop protocol to increase circulation of outdoor air as much as possible throughout the school day (e.g., opening windows and doors when it is safe to do so).

Develop a protocol to monitor and ensure adequate supplies to minimize sharing of objects, or limit use to one group of students at a time, and clean and disinfect between use.

Encourage organizations that share the school facilities to follow these considerations.

Other:	

Considerations for Schools: General Readiness Assessment

Other:

Use the following tool when making initial preparations to promote healthy behaviors, environments, and operations that reduce the spread of COVID-19.

Communication and Messaging	Gatherings, Visitors, and Events	Action Planning—Notes and Next Steps	
Point Person(s):	Point Person(s):	Point Person(s):	
<u>Post signs</u> in highly visible locations to <u>promote everyday</u> <u>protective measures</u> and describe how to <u>stop the spread</u> of germs. Signage locations include: entrances	Review local/state regulatory agency policies related to group gatherings to determine if events (e.g., sport games, extracurricular activities) can be held.	Use this space to note any required resources and next steps, or potential barriers and opportunities:	
dining areas restrooms classrooms	Identify opportunities to pursue virtual group events, gatherings, or meetings, if possible, and develop a protocol to limit those where social distancing cannot be maintained.		
administrative offices cafeteria auditorium janitorial staff areas other	Develop a protocol to limit nonessential visitors, volunteers, and activities involving external groups or organizations as much as possible—especially those who are not from the local geographic area (e.g., community, town, city, country.)		
Develop plans to include messages (e.g., <u>videos</u>) about behaviors that prevent spread of COVID-19 when communicating with staff and families on: websites	Identify opportunities to pursue virtual activities and events, such as field trips, student assemblies, special performances, school-wide parent meetings, and spirit nights, if possible.		
email social media accounts other	If offering sporting activities, develop a plan to follow considerations that minimize transmission of COVID-19 to players, families, coaches, and communities.		
Develop plans to broadcast regular <u>announcements</u> on reducing the spread of COVID-19 on PA systems or during morning announcements.	Identify and prioritize outdoor activities where social distancing can be maintained as much as possible.		
Consider posting signs for the national distress hotline: 1-800-985-5990, or text TalkWithUs to 66746. Notify all staff and families of who to contact for questions and concerns related to COVID-19.	Other:		
Ensure communication is developmentally appropriate and accessible for all students, including those with disabilities.			

Considerations for Schools: Daily/Weekly Readiness Assessment

Use the following tool to monitor and maintain healthy behaviors, environments, and operations that reduce the spread of COVID-19.

Policies and Procedures Facilities and Supplies Education and Training Point Person(s): Point Person(s): ____ Point Person(s): Maintain regular contact with local health Monitor and restock supplies including: Educate staff, students, and their families authorities and review relevant local/state about when they should stay home if they soap have COVID-19 symptoms, have been regulatory agency policies and orders for updates. diagnosed with COVID-19, are waiting for test hand sanitizer (at least 60% alcohol) Ensure a staff person is assigned to respond to results, or have been exposed to someone with COVID-19 concerns. symptoms or a confirmed or suspected case, paper towels and when they can <u>return</u> to school. Monitor absenteeism of students and staff. tissues Educate staff on flexible work and leave Ensure roster of trained back-up staff is updated. cleaning and disinfection supplies policies that encourage sick staff members to stay at home without fear of job loss or Conduct daily health checks (e.g., temperature cloth face coverings (as feasible) screening and/or symptom checking) of staff and other consequences. students, as possible, and in accordance with any no-touch (preferably covered) trash cans Reinforce and monitor handwashing with applicable privacy laws and regulations. soap and water for at least 20 seconds. no-touch soap/hand sanitizer dispensers Ensure options for flexible worksites (e.g., Reinforce the importance of social distancing disposable food service items telework) and flexible work hours (e.g., staggered and staying with small groups, if applicable. shifts) are available and used when needed. Encourage covering coughs and sneezes with a Ensure students are kept together in small groups Monitor adherence to the schedule for increased. tissue, and then washing hands with soap and with dedicated staff and remain with the same routine cleaning and disinfection of: water for at least 20 seconds. group throughout the day, every day, if possible. buses or other transport vehicles Reinforce the use of cloth face coverings. Monitor and ensure appropriate accommodations, Cloth face coverings should **not** be placed on: modifications, and assistance for students with frequently touched surfaces (e.g., desks, special healthcare needs or disabilities. door handles, railings) Children younger than 2 years old Ensure education remains accessible for communal spaces (e.g., restrooms) Anyone who has trouble breathing or is students in special education who have a unconscious, incapacitated, or otherwise shared objects (e.g., gym equipment, 504 plan or individualized education plan. unable to remove the cover without help. art supplies, games) Ensure safety for children and youth who need Provide information on proper use, removal, assistance with activities of daily living, as well and washing of cloth face coverings. as their service providers. Monitor availability and use of gloves when food is Train staff on all safety protocols. prepared and served, and when handling and Adhere to and review protocols to limit disposing of trash. contact between small groups and with other Conduct training virtually or maintain students' guardians. social distancing during training. Other: _____

Considerations for Schools: **Daily/Weekly Readiness Assessment** (continued from previous page)

Policies and Procedures

Ensure small groups maintain a physical distance of at least 6 feet to avoid mixing between groups, if possible.

Ensure students eat in separate areas or with their small group.

Ensure each student's belongings are separated from others' and in individually labeled containers, cubbies, or designated areas.

Ensure limited sharing of electronic devices, toys, books, and other games or learning aids, and clean and disinfect between users.

O+1			
Other:			

Facilities and Supplies

Monitor <u>safe and correct use</u> and storage of <u>cleaners</u> <u>and disinfectants</u>, including storing products securely away from students.

Ensure that there is adequate ventilation when cleaners and disinfectants are used to prevent students or staff from inhaling toxic fumes.

Ensure ventilation systems operate properly.

Ensure seating is spaced at least 6 feet apart and that desks remain facing the same direction.

In transport vehicles, ensure one student per row, skipping rows when possible.

For communal spaces, ensure staggered use, and cleaning and disinfecting frequently touched surfaces and shared objects between users.

Increase circulation of outdoor air as much as possible throughout the school day (e.g., opening windows and doors when it is safe to do so).

Ensure adequate supplies (e.g., writing utensils, art supplies) to minimize sharing of frequently touched surfaces and shared objects, and monitor cleaning and disinfecting between use.

Other:	

Considerations for Schools: Daily/Weekly Readiness Assessment

Use the following tool to monitor and maintain healthy behaviors, environments, and operations that reduce the spread of COVID-19.

Communication ar	nd Messaging
nt Person(s):	
Continue to post or update signs in highly	Broadcast regu
visible locations to <u>promote everyday</u>	the spread of C
<u>protective measures</u> and describe how to <u>stop</u>	during mornin
the spread of germs. Signage locations include:	Ensure all staff
entrances	staff person is
1::	to COVID-19 c
dining areas	this person.
restrooms	Encourage staf
classrooms	from watching news stories ab
administrative offices	social media if
	or distressed.
cafeteria	D
auditorium	Promote health sleep, and findi
	sieep, and inidi
janitorial staff areas	Encourage staf
other	with people the
other	and how they a
Continue to provide or update messages (e.g.,	Ensure commu
videos) about behaviors that prevent spread	appropriate an
of COVID-19 when communicating with staff	including those
and families on:	
websites	Other:
email	

social media accounts

other

Broadcast regular <u>announcements</u> on reducing the spread of COVID-19 on PA systems or during morning announcements.

Ensure all staff and families know which staff person is responsible for responding to COVID-19 concerns and how to contact this person.

Encourage staff and students to take breaks from watching, reading, or listening to news stories about COVID-19, including social media if they are feeling overwhelmed or distressed.

Promote healthy eating, exercising, getting sleep, and finding time to unwind.

Encourage staff members and students to talk with people they trust about their concerns and how they are feeling.

Ensure communication is developmentally appropriate and accessible for all students, including those with disabilities.

Other:	
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Gatherings, Visitors, and Events

Point Person(s):

Continue to encourage social distancing of at least 6 feet between people who don't live together at group events, gatherings, or meetings, including outdoor activities.

Continue to restrict nonessential visitors, volunteers, and activities involving external groups or organizations—especially those who are not from the local geographic area (e.g., community, town, city, country).

Continue to pursue virtual activities and events in lieu of field trips, student assemblies, special performances, school-wide parent meetings, and spirit nights, if possible.

Continue to follow <u>considerations</u> for students and staff participating in sporting activities.

Continue to offer pre-packaged boxed or bagged meals at events or gatherings and use disposable food service items.

Other:	

Action Planning—Notes and Next Steps

Point Person(s):

Use this space to note any required resources and next steps, or potential barriers and opportunities:

Considerations for Schools: Preparing for if Someone Gets Sick

Establish procedures for safely transporting anyone who is sick to their home or to a healthcare

Develop a plan to support staff, students, and families experiencing trauma or challenges related

Other:

facility, if necessary.

to COVID-19.

Use the following tool when making initial preparations for if a student, teacher, or other school staff member gets sick with COVID-19. Before Someone Gets Sick When Someone Gets Sick **After Someone Gets Sick** Point Person(s): ___ Point Person(s): ___ Point Person(s): Immediately separate individuals with COVID-19 Make sure staff and families know they should In accordance with state and local laws and not come to school, and that they should notify symptoms or who test positive for COVID-19. regulations, notify local health officials, staff, and school officials if they have COVID-19 symptoms, families of cases of COVID-19 while maintaining If necessary, transport sick individual(s) home or are diagnosed with COVID-19, are waiting for test confidentiality in accordance with the **Americans** to a healthcare facility, depending on how severe results, or have been exposed to someone with with Disabilities Act (ADA). their symptoms are. symptoms or a confirmed or suspected case. Notify individuals of closures and restrictions put If calling an ambulance or bringing someone to in place due to COVID-19 exposure. Develop systems to: a healthcare facility, alert them ahead that the Have individuals self-report to administrators person may have COVID-19. Advise those who have had close contact with a if they have symptoms of COVID-19, have person diagnosed with COVID-19 to stay home, Close off areas used by a sick person and do not been diagnosed with COVID-19, are waiting self-monitor for symptoms, and follow CDC use these areas until after cleaning and disinfecting for test results, or were exposed to someone guidance if symptoms develop. them (for outdoor areas, this includes surfaces or with COVID-19 within the last 14 days. shared objects in the area, if applicable). Wait at least 24 hours before cleaning and disinfecting. If 24 hours is not feasible, wait as long Notify individuals of closures and restrictions Advise sick individuals that they should not return put in place to slow the spread of COVID-19. as possible. Ensure <u>safe and correct</u> use and storage to school until they have met CDC's criteria to of cleaning and disinfection products, including Develop policies for returning to school discontinue home isolation. storing them securely away from children. after COVID-19 illness. CDC's criteria to Other: _____ discontinue home isolation and quarantine Other: _____ can inform these policies. Identify an isolation room or area to separate anyone who has COVID-19 symptoms or who has tested positive but does not have symptoms. **Notes and Next Steps:**

Considerations for Schools: Special Considerations and Resources

Use the following resources to address any additional considerations specific to your school community.

	Special Considerations
1	Point Person(s):

Use this space to note any modifications necessary for specific groups within the school community, as well as any other considerations specific to the context of the school community.

Other Resources

Point Person(s): _

- Latest COVID-19 Information
- Cleaning and Disinfection
- Guidance for Businesses and Employers
- Guidance for Schools and Childcare Centers
- Guidance for Park Administrators
- Shared and Congregate Housing
- COVID-19 Prevention
- Handwashing Information
- Face Coverings
- Social Distancing
- COVID-19 Frequently Asked Questions
- People at Higher Risk
- People with Disabilities
- Coping with Stress
- HIPAA and COVID-19
- <u>CDC communication resources</u>
- Community Mitigation