



EVENING PUBLIC LECTURE

# What is technology doing to our minds and bodies?

MAY 26  
2016

**6:00 PM** Registration and reception  
(hors d'oeuvre and no-host bar)

**7:00 PM** Public lectures and discussions

**9:30 PM** Adjournment

Technologies are reshaping our society at an unprecedented rate. In this time of rapid change, Albertans need to consider the impact of online digital activities for offline health and mental well-being. On May 26, 2016 the Alberta Teachers' Association, in partnership with the Educational Technology Council is pleased to invite Michael Rich and Larry Rosen to Edmonton for a discussion on how technology is impacting children, youth and society. This is a continuation of our series of evening public lectures with world-renowned and distinguished speakers including Sir Ken Robinson, Sherry Turkle, Yong Zhao, Dennis Shirley, Linda Duxbury, Jean Twenge and Carl Honoré.

## SPEAKERS



### Michael Rich, MD, MPH

*Michael Rich, associate professor of pediatrics at Harvard Medical School and associate professor of society, human development, and health at Harvard School of Public Health, Boston.*

Michael came to medicine after a 12-year career as a filmmaker. His current areas of health research and clinical work combine his experience and expertise in medicine and media, making him the world's first "mediatrician." In this role, he uses scientific evidence about the positive and negative effects of media to advise children and those who care for them on how to use media in ways that optimize personal development.



### Larry Rosen, PhD

*Professor emeritus and past chair of the Psychology Department at California State University, Dominguez Hills.*

Larry Rosen is a research psychologist with specialties in multitasking, social networking, generational differences, parenting, child and adolescent development, and educational psychology, and is recognized as an international expert in the "Psychology of Technology." Rosen has been featured extensively in television, print and radio media and maintains an extremely active research program.

SPONSORS



The Alberta Teachers' Association



# What is technology doing to our minds and bodies?

## Learning our way as aspiring Albertans

This lecture is part of an ongoing commitment for engaging Albertans in a public dialogue about our shared future.

Beginning in 2004, the Alberta Teachers' Association (ATA) has hosted a series of public lectures and invitational symposia focused on the role that public education will play in cocreating the future of Alberta. These public lectures featured leading thinkers including Michael Adams, Gwynne Dyer, Andy Hargreaves, Thomas Homer-Dixon, Carl Honoré, Stephen Murgatroyd, David Peat, Sir Ken Robinson, Pasi Sahlberg, Justin Trudeau, Sherry Turkle, Jean Twenge and Margaret Wheatley.

## Strategic foresight needed at Alberta's crossroads

Over the past years, three questions have come to occupy these public conversations about the future of the province:

- What is the Alberta that the world needs to see?
- What kind of Albertans do we need to become to get us there?
- How will leadership in learning help us become our best selves?

These three questions are points of departure for an engaging public dialogue as Albertans are poised to become leaders in learning and innovation in the world.

*We shape our  
technologies and  
thereafter they  
shape us.*

—Marshall McLuhan



The Alberta Teachers' Association



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