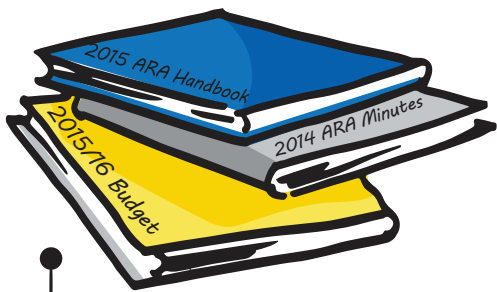


ARA Survival Guide



The Alberta Teachers' Association's Annual Representative Assembly (ARA) will gather more than 450 delegates, Provincial Executive Council members and Association staff in a huge room at the Westin in Edmonton for three days of presentations and policy debate over the May long weekend. For those assigned to attend the grueling three days, the key to surviving ARA is to ...

be prepared!



ARA package

Funny hat

(Just because you're from Parkland)

Voting card

(To exercise your franchise and claim your door prize)

Binoculars

(To see the front of the room)



Smartphone or tablet

(For constant hockey/Twitter updates ... #ara2015)

T-shirt

proclaiming your dedication to a sports team that no one else cares about



Ear plugs

(For those inevitable moments when you just have to tune out)

Sharpened elbows

(To prevent neighbours from impinging on your table territory)

Nametag



Toonie dispenser

(For quick dashes to the hospitality room)



"Honey-do" list

(To remind you of the things you were supposed to do at home over the long weekend)

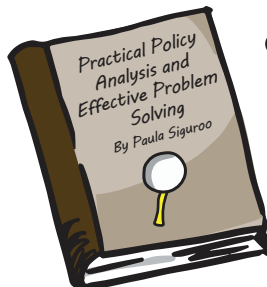
Plaid shorts

(Because plaid never falls out of fashion)

Weekend supply of heart palpitating snacks



Light reading material

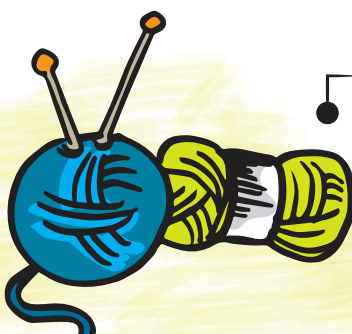


Sensible shoes

(For comfort and/or pounding on table, Khrushchev style)

Knitting

(For passing the time and vengeful plotting, a la Madame Defarge)



Hotel map

showing location of automated defibrillator (See above)



Toothpicks

(To prop eyes open during third hour of budget debate)

